Brief Report on Mentor-Mentee Discussion

The Mentor-Mentee Programme for Chemistry students at Ananda Chandra College, Jalpaiguri, outlines academic and personal challenges faced by mentees. The key concerns raised are:

1. **Language Barriers**: Many mentees, coming from non-English medium backgrounds, struggle with English-based instruction and writing tasks. They recommended that instructors explain complex English terms slowly and clearly to aid comprehension.

2. **Examination Scheduling**: Mentees expressed concerns about consecutive internal exams with insufficient gaps for preparation. The scheduling of multiple exams in a single day, combined with regular classes, leaves little time for study, impacting performance.

3. **Lack of Concentration**: Many mentees cited distractions and an inability to focus during study sessions, significantly affecting their grades. External factors, such as personal issues, were mentioned as contributors.

4. **Health Issues**: Some mentees reported medical conditions, including low immunity, frequent illnesses, and fatigue, which impacted their energy levels and ability to engage in studies consistently.

5. **Irregular Attendance**: Irregular class attendance was attributed to family problems, poor sleep schedules, and difficulty waking up on time, further affecting academic performance.

6. **Lack of Practice**: Insufficient practice, particularly in theoretical and practical work, was highlighted as a barrier to achieving better results. Mentees acknowledged the need for more hands-on work to improve outcomes.

7. **Uncertainty About Career and Higher Studies**: Mentees expressed concerns about career opportunities post-B.Sc. in Chemistry and the financial feasibility of pursuing higher education, given potential family constraints.

8. **Practical Classes Inefficiency**: During practical sessions, a lack of seriousness among peers was noted, with only a few students engaging effectively. This leads to time wastage and reduced learning outcomes, discouraging regular attendance.